For immediate release
June 19, 2016

**Conservation Tips**
- Set thermostat at 78 or higher and turn off air conditioner when no one is home
- Cool with fans, draw drapes
- Turn off unnecessary lights and appliances
- Use major appliances in morning or late evening

Learn more: flexalert.org
(Available in Spanish and Vietnamese)

**Flex Alerts**
A Flex Alert is issued by the ISO when the electricity grid is under stress because of generation or transmission outages, or from persistent hot temperatures.

Consumers are urged to voluntarily conserve electricity to help avoid more serious steps to protect the power grid, including local rotating outages.

Click [here](#) to learn more about Flex Alerts and Stage Electrical Emergencies.

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**Contact:** Media hotline at (888) 516-6397

**California ISO Declares Flex Alert for Southern California**

The California Independent System Operator (ISO) is declaring a Flex Alert for Southern California, from 10 a.m. to 9 p.m. Monday, June 20, due to high temperatures in the region.

Consumers are urged to conserve electricity especially during the late afternoon when air conditioners typically are at peak use. Consumers can help avoid power outages by turning off all unnecessary lights, using major appliances after 9 p.m. and setting air conditioners to 78 degrees or higher.

During times of high temperatures, demand on the power grid can be strained, as air conditioner use increases.

In addition, natural gas supplies used as fuel for many power generators in the Los Angeles area may be tight during this heat event because of limited operations at Aliso Canyon Natural Gas Storage Facility. The ISO has activated its summer preparedness plan for natural gas constraint concerns. Click [here](#) to view the plan.

For more information on Flex Alerts, go to [www.flexalert.org](http://www.flexalert.org).

**24-Hour Ahead Outlook**
Temperatures are forecast to be a high of 109 in some of Southern California.

Forecast peak demand for Monday is 45,316 megawatts.

**Thanks for re-posting!**