

Powerful Habits



For the Home:

1. Set your thermostat at 78-80 degrees when home, 85 degrees or off when away.
2. Keep the refrigerator full (with bottles of water if nothing else) and unplug that second unit.
3. Switch off the lights when you leave a room.
4. Avoid using appliances during peak hours of late afternoon and evening, 4-6 p.m. being most critical.
5. Reset your pool pump to run during off peak hours.



For the Office:

1. Turn off the computer monitor when you're away from your desk (it's the biggest power drain of your computer system).
2. Turn off the lights and computers in empty offices.
3. Switch off the coffee maker at 10 a.m., leave a full pot and reheat individual mugs in the microwave.
4. Leave half of the room's overhead lighting off -- it's a double savings, less light also means less heat so your air conditioner gets a break.
5. Check with your facilities manager that office thermostats are set at 78-80 degrees during the day, 85 degrees or off evenings and weekends.

Powerful Habits are tips to remind Californians that conservation counts!



California ISO
Your Link to Power