



## NEWS RELEASE

**FOR IMMEDIATE RELEASE**  
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## Pedal Power Works for California ISO “Trendy Trekkers” *Grid Employees Celebrate “Bike to Work” Week*

(Folsom, CA) More than two-dozen California ISO employees are using pedal power at least one day this week to celebrate “Bike to Work Week.” The ISO “Trendy Trekkers” one of the largest groups from a single local employer, are participating in the event to show that cycling to work makes sense in California, especially in the Sacramento/Folsom area where there are extensive bike trails.

The California ISO power grid control center is located in Folsom along the shore of Lake Natoma, near the American River Bike Trail. It offers an easy, traffic-free commute for employees who live in Rancho Cordova and Sacramento. Other trails give cyclists from Folsom easy routes to work.

“With gasoline prices as high as they are, I know people are trying to spend less getting to and from work,” said Andi Shirley, who is coordinating the ISO’s biking bunch. “And spending time on your bike, as opposed to in your car is good for your health, it reduces air pollution and traffic congestion, too.” Shirley often commutes 40 miles round trip from Sacramento on her bicycle.

“Participating in Bike to Work Week is a way for us to demonstrate that we care about the air,” said Elena Schmid, Vice President for Corporate and Strategic Development. “We ask a lot from our employees and by encouraging participation in the event we promote healthy habits and balanced lifestyles.”

### PHOTO OPPORTUNITY:

Catch ISO employees arriving at work on their bikes at about 8:00 AM, Thursday, May 20.  
151 Blue Ravine Road, Folsom CA.

Please call ISO Communications staff to coordinate, 1-888-516-NEWS

The California ISO is a not-for-profit public benefit corporation charged with managing the flow of electricity along California's open-market wholesale power grid. The mission of the California ISO is to safeguard the reliable delivery of electricity, and ensure equal access to a 25,000 circuit miles of "electron highway". As the impartial operator of the wholesale power grid in the state, the California ISO conducts a small portion of the bulk power markets. These markets are used to allocate space on the transmission lines, maintain operating reserves and match supply with demand in real time.

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