Regulation	The service provided either by Generating Units certified by the
	ISO as equipped and capable of responding to the ISO's direct
	digital control signals, or by System Resources that have been
	certified by the ISO as capable of delivering such service to the
	ISO Control Area, in an upward and downward direction to
	match, on a real time basis, Demand and resources, consistent
	with established NERC and WSCC operating criteria.
	Regulation is used to control the power output of electric
	generators within a prescribed area in response to a change in
	system frequency, tieline loading, or the relation of these to
	each other so as to maintain the target system frequency and/or
	the established interchange with other areas within the
	predetermined limits. Regulation includes both the increase of
	output by a Generating Unit or System Resource ("Regulation
	Up") and the decrease in output by a Generating Unit or System
	Resource ("Regulation Down"). Regulation Up and Regulation
	Down are distinct capacity products, with separately stated
	requirements and Market Clearing Prices in each Settlement
	Period.
Regulatory Must-Run	Hydro Spill Generation and Generation which is required to run
Generation	by applicable Federal or California laws, regulations, or other
	governing jurisdictional authority. Such requirements include but
	are not limited to